



WHAT DO I NEED TO KNOW, and WHAT DO I NEED TO DO TO GET READY?

Because our Leadership In The Fall Line® programs are highly active we want you to be aware of and familiar with the following:

How good a skier do I really need to be?

We've seen that passion and enjoyment of the sport are more important than ability. While this is not a beginners program, participants at every level from intermediate to expert have been positively impacted by this experience. Every participant has dramatically improved his or her skiing, awareness and effectiveness as a leader.

The participant coaching ratio is 3:1. How are groups or teams formed?

Groups of 6 persons or less are formed for maximum learning. This will typically be done by skill level and/or the goal definition you have. Each group is led by 2 coaches, one for skiing, one for leadership insight. So, if we have 12 participants in a session we will have two teams of 6 participants each. In all off slope sessions, breakfast, lunch, après-ski, and dinner we spend our time as a total group. The teams come back together, and the learning applications become exponential in this way. Please contact us if you have any questions about skill level issues, or team groupings.

Goals

You will be asked to arrive with a skiing goal and a leadership goal in mind. Stated specific goals will assist the faculty, and participants, to support you in achieving your goals. Think about, slow down and feel the answers to these questions. Your answers to these questions will guide you through an intense, fun, 3-4 days of learning! Areas of focus include:

1. What personal change or learning would help me maximize my effectiveness as a leader?
2. What personal behavior change could I make that would have the most impact on the performance of my organization?
3. What can I do differently to maximize the performance of my team?
4. In what way do I want my skiing skill or experience to improve?
5. "I ski for fun, I don't want to ruin it by thinking about work!"

Our goal is to show you how the same passion you have for skiing can, and should be, taken back to your work!

My Gear

For participants in our Canadian Heli-Skiing programs, special powder skis will be provided. Poles are also available. For our Beaver Creek and Steamboat Powdercats programs, participant must bring all equipment. Skis should be tuned and bindings up-to-date and set correctly for your height, weight, and skiing ability. Poles of appropriate length, boots in good shape. In the event that you need to rent or buy equipment, no worries. The Beaver Creek/Vail and Steamboat ski shops are some of the best in the country for available top line gear. And our faculty can assist you with your specific needs.

Skis will be tuned nightly by our technical support team, as part of our package.

Clothing

Warm and casual. Base elevations are generally higher altitude. Some top out at over 12,000. Be prepared. If you have any questions about this please feel free to call or email us at the numbers below. All events off mountain are very casual.

Body & Acclimation

Conditioning is right up there with having your gear in order. Again, the question comes to mind how would you like your people to show up for work? We recommend you be in as good physical condition as possible prior to your arrival. The best way to accomplish this is to combine aerobic activity with some weight work.

Arriving early will give your body more time to acclimate to the higher altitude. It is also important to remember to drink plenty of water/fluids to prevent dehydration.

My team's skiing ability and passion for the sport are at different levels. Is this a problem?

No because:

1. In the work environment it's rare that all parties perform equally either. The goal is to maximize personal performance at whatever level each individual "plays".
2. We are certain even those team members coming by directive will find this experience exhilarating as learning applies both to the team and to skiing as a sport.