



A Typical Day in "The Fall Line"

A Typical Day in "The Fall Line" - you're up at 6:30am, a stretch, quiet time, revisiting your goals for the day and the session as a whole. Over breakfast we review personal goals, and focus on any learning points you carry from the work so far.

We transport early to the top of the mountain and the skiing begins. The faculty tracks your skiing, as well as your leadership and life learning; metaphors and "ahaa's" show up throughout the morning to support your goal achievement.

At lunch we watch videotapes of progress, focus on learning points, and on the application to your organization and your self.

Following a catered working lunch we head back out on the mountain, world-class coaches take your skills to a level you never dreamed possible.

At après ski we have another working session led by the coaching faculty. We address how skiing applies to work, how learning can be translated to home, and how to take all you've learned back to work; these are life lessons as well as leadership lessons.

We take a short break; then go to dinner as a group, unstructured this is a time to unwind. Our chefs prepare great food. Lively conversation is the norm. Then, early to bed so you can ski strongly the next day.

You will find the facilitation and learning is constant, and focused. But you still have time to smile, to laugh. This is a retreat, and the learning is at a much deeper level because we integrate head, heart and gut. Throughout the process you are focused on your learning goals as an executive, for your organization, for your team, your life...and yes, for your skiing.